

TECH AWARD IN HEALTH AND SOCIAL CARE

SUPER CURRICULUM ACTIVITIES

WEBSITES:

- NHS Health Careers (<https://www.healthcareers.nhs.uk/>)
- Health and Social Care Alliance Scotland (<https://www.alliance-scotland.org.uk/>)
- British Red Cross (<https://www.redcross.org.uk/learn-hrc>)
- World Health Organization (WHO) (<https://www.who.int/>)

BOOKS:

- "An Introduction to Health and Social Care" by Mary E. Shaw and Julie C. Sutch
- "Health and Social Care: Values and Ethics" by Helen Greathead
- "Understanding Health and Social Care" by Julia Johnson and Jan Draper
- "Communication in Health and Social Care" by Bernard Moss and Rosalind Draper
- "Child Development: An Illustrated Guide" by Carolyn Meggitt

SPECIALIST MAGAZINES/ARTICLES/JOURNALS:

- Teen Health & Wellness (<https://www.teenhealthandwellness.com/>)
- Scholastic Choices Magazine (<https://choices.scholastic.com/>)
- Health (<https://www.health.com/>)
- KidsHealth (<https://kidshealth.org/>) D

PODCASTS:

- "TED Talks Health" (<https://www.ted.com/topics/health>)
- "Social Work Tutor Podcast" (<https://socialworktutor.com/podcast/>)
- "Sociology in Focus" (<https://www.sociologyinfocus.com/podcast>)
- "The Longest Shortest Time" (<https://longestshortesttime.com/>)

FILMS AND DOCUMENTARIES:

- Nine to five with Stacey Dooley (<https://www.bbc.co.uk/programmes/p06zhfvw>)
- The truth about child poverty (https://www.youtube.com/watch?v=FRN4c_CDRAg)
- Rhod Gilbert Work Experience
<https://www.bbc.co.uk/iplayer/episode/m000hqvk/rhod-gilberts-work-experience-series-9-1-care-worker>
- The Silent Child <https://www.youtube.com/watch?v=2GbxFIVQv8c>

YOUTUBE CHANNELS:

- "NHS" (<https://www.youtube.com/@NHS>)
- Healthcare Triage (<https://www.youtube.com/user/thehealthcatriage>)

- Child and Adolescent Development (<https://www.youtube.com/channel/UCi5XhW8taeStLONzyq5MgUQ>)

MOOCS:

- <https://www.my-mooc.com/en/categorie/health-care>

ONLINE SEMINARS/LECTURES:

- "Introduction to Health and Social Care" [Introduction to Health and Social Care](#)
- "Mental Health Awareness" Website: [Mental Health Awareness](#)
- "Social Issues in Healthcare" Website: [Social Issues in Healthcare](#)
- "Ethics in Health and Social Care" Website: [Ethics in Health and Social Care](#)
- "Introduction to Child Development" Website: [Introduction to Child Development](#)

SOCIAL MEDIA ACCOUNTS:

- Instagram - @NHSChoices (<https://www.instagram.com/nhschoices/>)
- Facebook - World Health Organization (WHO) (<https://www.facebook.com/WHO/>)
- Twitter - Mayo Clinic (@MayoClinic) (<https://twitter.com/MayoClinic>)
- YouTube - HealthiNation (<https://www.youtube.com/user/HealthiNation>)

PLACES TO VISIT:

- Wirral University Teaching Hospital: <https://www.wuth.nhs.uk/>
- Local Health Centers: Visit the NHS website to find information about local health centers: <https://www.nhs.uk/service-search/find-a-gp>
- Care Homes and Nursing Facilities: Find information about local care homes and nursing facilities on the Care Quality Commission (CQC) website: <https://www.cqc.org.uk/>

LOCAL CLUBS OR SOCIETIES:

- Wirral Young Carers: <https://www.carersfirst.com/wirral-young-carers>
- Wirral Mind: <https://www.wirralmind.org.uk/>
- Wirral Community NHS Foundation Trust: <https://www.wchc.nhs.uk/>
- Wirral Youth Cabinet: <https://youthcabinetwirral.co.uk/>

CHALLENGES AND COMPETITIONS:

- BTEC student of the year <https://qualifications.pearson.com/en/about-us/qualification-brands/btec/btec-awards.html>
- Level 3 Health and Social Care Workers competition <https://www.worldskillsuk.org/competitions/health-and-social-care/>
- Step into the NHS <https://www.stepintothens.nhs.uk/secondary-schools>

