

PSYCHOLOGY

SUPER CURRICULUM ACTIVITIES

WEBSITES:

Simply Psychology: <https://www.simplypsychology.org>

Learn dojo: <https://learndojo.org/a-level/aqa-psychology/>

Revisely: <https://www.revisely.com/alevel/psychology/aqa/notes>

BOOKS:

Thinking Fast and Slow, Daniel Kahneman:

“An insightful and interesting read, Kahneman offers extensive advice regarding when we should and should not trust our instincts, talking from both personal and professional perspectives. From the faults that influence fast thinking, to the cognitive bias that affects almost every decision we make, we can guarantee you won’t reach the end of this book without feeling like you’ve learnt something new.”

Predictably Irrational, Dan Ariely:

“In a series of fascinating experiments, Ariely looks at all the invisible factors that affect the way we make decisions, from emotions, through to social norms and expectations. What makes it even more interesting is Ariely’s claim that our bad decisions are not made randomly, hence why so many of us are ‘predictably irrational’.”

The Confidence Game, Maria Konnikova:

“If you’ve ever wondered how big personalities can get away with things time and time again, this book has the answer to all your questions. Not only does Konnikova explore the reasons men behave the way they do, she also delves into the minds of their victims, discussing their ability to fall for their tricks not once but multiple times, and examining how we can have our perception of the truth changed by people we barely know.”

Delusions of Gender, Cordelia Fine:

“Cordelia’s book is a rigorous walk through the scientific literature that presents the facts about gender differences. She blows up a lot of the popular books which posited that ‘men are from Mars and women are from Venus’ and described the male and female brain as fundamentally different. Cordelia’s book puts the real (and relatively small) differences between men and women into perspective. When it comes to lots of different sorts of cognitive functioning, women are mostly the same as men. The very small differences between brain functioning are directly related to sex.”

Stumbling on Happiness, Daniel Gilbert:

“Dan’s book is a really entertaining explanation of the psychology that drives our beliefs about happiness and how those beliefs depart from what actually brings us happiness.”

SPECIALIST MAGAZINES/ARTICLES/JOURNALS:

Psychology Today: <https://www.psychologytoday.com/gb>

Psychological Bulletin: <https://www.apa.org/pubs/journals/bul/>

Psychological Review: <https://www.apa.org/pubs/journals/rev/>

Mind and Brain: <https://www.scientificamerican.com/mind-and-brain/>

New Scientist: <https://www.newscientist.com/>

The British Psychological Society: <https://www.bps.org.uk/blogs>

PODCASTS:

Where should we begin? with Esther Perrel:

https://podcasts.apple.com/us/podcast/where-should-we-begin-with-esther-perrel/id1237931798?ign-itscg=30200&ign-itsct=podcastreview_podcasts

Popcorn psychology: https://podcasts.apple.com/us/podcast/popcorn-psychology/id1367195038?ign-itscg=30200&ign-itsct=podcastreview_podcasts

Speaking of psychology: https://podcasts.apple.com/us/podcast/speaking-of-psychology/id705934263?ign-itscg=30200&ign-itsct=podcastreview_podcasts

Hidden brain: https://podcasts.apple.com/us/podcast/hidden-brain/id1028908750?ign-itscg=30200&ign-itsct=podcastreview_podcasts

Choiceology with Katy Milkman: https://podcasts.apple.com/us/podcast/choiceology-with-katy-milkman/id1337886873?ign-itscg=30200&ign-itsct=podcastreview_podcasts

FILMS AND DOCUMENTARIES:

The Blind Side [The Blind Side \(2009\) Official Trailer - Sandra Bullock, Tim McGraw Movie HD](#)



The Notebook [The Notebook \(2004\) Official Trailer - Ryan Gosling Movie](#)



A Beautiful Mind [A Beautiful Mind \(2001\) Official HD Trailer \[1080p\]](#)



Inside Out [Inside Out Official Trailer #2 \(2015\) - Disney Pixar Movie HD](#)



50 First Dates [50 First Dates \(2004\) Trailer #1 | Movieclips Classic Trailers](#)



Minority Report [Minority Report \(2002\) Official Trailer #1 - Tom Cruise Sci-Fi Action Movie](#)



The Island [The Island - Official® Trailer \[HD\]](#)



12 Angry Men [12 Angry Men \(1957\) Trailer #1](#) | [Movieclips Classic Trailers](#)



YOUTUBE CHANNELS:

Psych Boost: <https://www.youtube.com/psychboost>
Tutor2U: <https://www.youtube.com/@tutor2u-official>

ONLINE SEMINARS/LECTURES:

TED Talks: <https://www.ted.com/talks>

Tutor2U: <https://www.youtube.com/@tutor2u-official>

SOCIAL MEDIA ACCOUNTS:

Psychology Today: @PsychToday

The Gottman Institute: @GottmanInst

The Holistic Psychologist: <https://www.instagram.com/the.holistic.psychologist>

Nawal Mustafa: @thebraincoach

PLACES TO VISIT:

Freud Museum: <https://www.freud.org.uk/>

Science Museum: <https://www.sciencemuseum.org.uk/home>

Bethlem Museum of the Mind: <https://museumofthemind.org.uk/>

The Royal Courts of Justice: <https://theroyalcourtsofjustice.com/>

Jack the Ripper Tour: <https://www.jack-the-ripper-tour.com/>

LOCAL CLUBS OR SOCIETIES:

The British Psychological Society (BPS)- The North West of England branch is an active community. Check their website for more specific regional groups and events.

<https://www.bps.org.uk/events>

University Psychology Societies.

Most universities in the North West of England have psychology societies associated with their psychology departments.

Some notable universities in this region include:

University of Liverpool's Psychology Society:

<https://www.facebook.com/groups/livpsycsoc/> or

<https://www.instagram.com/livpsycsoc/?hl=en>

Liverpool John Moores University's Psychology Society:

<https://www.jmsu.co.uk/groups/psychology--15> or

<https://www.facebook.com/ljmupsycho/>

CHALLENGES AND COMPETITIONS:

Brain Bee: <https://www.thebrainbee.org/>

An international neuroscience competition for teenagers. It tests knowledge about the brain including topics like emotions, sensations, movement, and consciousness, which are foundational in psychology.

Brain Bee UK: <https://www.brainbee-uk.com>

APA's Topss Competition for High School Psychology Students:

<https://www.apa.org/ed/precollege/topss/student-competition?tab=2>

An essay competition organized by the American Psychological Association (APA) for high school students. Only high school students who have been enrolled or are currently enrolled in a psychology course (online or in-person) can enter. International students are welcome to compete in the competition.