

FOOD PREPARATION AND NUTRITION

SUPER CURRICULUM ACTIVITIES

WEBSITES:

- Food a Fact of Life: <https://www.foodafactoflife.org.uk/>
- Love Food Hate Waste: <https://www.lovefoodhatewaste.com/>
- BBC Bitesize - Food and Nutrition: <https://www.bbc.co.uk/bitesize/subjects/zdn9jhv>
- Jamie Oliver's Food Foundation: <https://www.jamieoliver.com/what-we-do/jamies-food-foundation/>

BOOKS:

- Food: The Chemistry of Its Components by Tom Coulter
- On Food and Cooking: The Science and Lore of the Kitchen by Harold McGee
- Cooking Up a Storm: The Teen Survival Cookbook by Sam Stern
- Nosh for Students: A Fun Student Cookbook by Joy May
- Food for Health: A Complete Guide to Healthy Eating by Fiona Hunter

SPECIALIST MAGAZINES/ARTICLES/JOURNALS:

- BBC Good Food Magazine Website: <https://www.bbcgoodfood.com/>
- Olive Magazine Website: <https://www.olivemagazine.com/>
- Delicious Magazine Website: <https://www.deliciousmagazine.co.uk/>
- Vegetarian Living Magazine Website: <https://www.vegetarianliving.co.uk/>

PODCASTS:

- The Kitchen Counter Website: <https://kitchencounterpodcast.com/>
- But Why: A Podcast for Curious Kids Website: <https://www.vpr.org/programs/why-podcast-curious-kids>
- The Rookie Chef Website: <https://www.therookiechef.com/>
- The Food Programme Website: <https://www.bbc.co.uk/programmes/b006qnx3>

FILMS AND DOCUMENTARIES:

- "Food Unwrapped" (2012-present) Website: No official website available. The series is broadcasted on Channel 4 in the UK.
- "Nadiya's British Food Adventure" (2017) Website: No official website available. The series is broadcasted on BBC Two in the UK.
- "Inside the Factory" (2015-present) Website: No official website available. The series is broadcasted on BBC Two in the UK.
- "Hugh's War on Waste" (2015) Website: No official website available. The series is broadcasted on BBC One in the UK.

YOUTUBE CHANNELS:

- "Jamie Oliver" YouTube Channel: <https://www.youtube.com/user/JamieOliver>
- "Tasty" YouTube Channel: <https://www.youtube.com/user/buzzfeedtasty>
- "Gordon Ramsay" YouTube Channel: <https://www.youtube.com/user/gordonramsay>
- "Food Wishes" YouTube Channel: <https://www.youtube.com/user/foodwishes>

MOOCS:

- FutureLearn - "Explore How Food Grows" Website: <https://www.futurelearn.com/courses/explore-how-food-grows>
- OpenLearn - "Introduction to Nutrition and Food Safety" Website: <https://www.open.edu/openlearn/science-maths-technology/introduction-nutrition-and-food-safety/content-section-0>
- Coursera - "The Science of Gastronomy" Website: <https://www.coursera.org/learn/science-of-gastronomy>
- FutureLearn - "Understanding Food Supply Chains in a Time of Crisis" Website: <https://www.futurelearn.com/courses/understanding-food-supply-chains>
- OpenLearn - "Sustainable Food Production: Dairy and Meat" Website: <https://www.open.edu/openlearn/science-maths-technology/sustainable-food-production-dairy-and-meat/content-section-0>

ONLINE SEMINARS/LECTURES:

- British Nutrition Foundation (BNF) Website: <https://www.nutrition.org.uk/>
- Food Teachers Centre Website: <https://foodteacherscentre.co.uk/>
- Food Teachers Network Website: <https://www.foodteachersnetwork.co.uk/>
- Royal Society of Chemistry (RSC) Website: <https://edu.rsc.org/>
- School Food Matters Website: <https://www.schoolfoodmatters.org/>

SOCIAL MEDIA ACCOUNTS:

- Food Technology Magazine (Instagram: @foodtechnologymagazine) Instagram: <https://www.instagram.com/foodtechnologymagazine/>
- Food Technology Teachers UK (Twitter: @FoodTechUK) Twitter: <https://twitter.com/FoodTechUK>
- Food Teachers Centre (Twitter: @foodteacheruk) Twitter: <https://twitter.com/foodteacheruk>
- British Nutrition Foundation (Instagram: @britishnutritionfoundation) Instagram: <https://www.instagram.com/britishnutritionfoundation/>
- The Food Teacher (Instagram: @thefoodteacher) Instagram: <https://www.instagram.com/thefoodteacher/>
- Food Teacher UK (Instagram: @foodteacheruk) Instagram: <https://www.instagram.com/foodteacheruk/>

PLACES TO VISIT:

- Wirral Farmers Market Website: <https://www.wirralfarmersmarket.co.uk/>
- Wirral Food and Drink Festival Website: <https://wirralfoodfestival.co.uk/>
- Claremont Farm and Cookery School Website: <https://www.claremontfarm.co.uk/>

LOCAL CLUBS OR SOCIETIES:

1. Wirral Young Chef Club: <http://www.wirralyoungchefclub.co.uk/>
2. Wirral Junior Bakers Club: <https://www.facebook.com/wirraljuniorbakers/>

CHALLENGES AND COMPETITIONS:

- FutureChef Website: <https://springboard.uk.net/programmes/futurechef>
- Young British Foodies Website: <https://www.theybfs.com/>
- Young Cooks Website: <https://www.youngcooks.org.uk/>
- Tilda Chef Team of the Year Website: <https://www.tildafoodservice.com/chef-team-of-the-year/>
- The Great British School Bake Off