

SUMMER SEND SNAPSHOT



PARENT/CARER EDITION JULY 2023

PLEASE HELP US TO HELP YOU

WIRRAL'S NEW SEND LOCAL OFFER WEBSITE IS BEING BUILT AND WILL READY TO USE IN SEPTEMBER – TO HELP US COMPARE THE CURRENT WEBSITE WITH THE NEW, PLEASE TAKE A LOOK AT THE CURRENT WEBSITE https://localofferwirral.org/ THEN CLICK ON THE LINK BELOW TO COMPLETE THIS SUPER SHORT SURVEY AND LET US NOT KNOW WHAT YOU THINK OF THE CURRENT WEBSITE SO WE CAN LISTEN TO YOUR THOUGHTS AND ENSURE WE DESIGN A NEW WEBSITE THAT FULLY MEETS YOUR NEEDS.

https://forms.office.com/Pages/ResponsePage.aspx?id=sOAlLM-9YES5gxk3NccYO8gr8Uq6jh1GpM7rR9ZGNSBUNEZSUIFSTUM3U0VVTVI1WFBQODhMOEZLTS4u



Hi Everyone,

Hope you're all well and looking forward to enjoying some summer sunshine. Whilst the children and young people (and their teachers) are excited to break up for the long six week holidays, we know that for many of us Parents/Carers, the thought of trying to keep our children safe and happy can feel a little daunting.

It's been lovely to meet up with so many of you at our regular SEND Parent and Carer drop in sessions. We've made our way around settings across the Borough and its been fab to be invited into so many schools and meet up with you. The SEND information sessions are open to all SEND Parents and Carers (not just those with children and young people attending that school).

If you fancy coming along to one, we'd love to see you. The next few events are:

- Wednesday 12th July 9-11am at Bedford Drive Primary
- Wednesday 13th September 9-11am at New Brighton Primary and
- Wednesday 18th October 4-6pm at Ridgeway High School

When we've spoken with Parents and Carers it became clear that you might like a SEND SUMMER SNAPSHOT to help you manage the summer holidays. With the help of our colleagues working in Health, we've put together a list of the SEND services in Wirral along with contact details but rather than give you an individual service update, we've put our focus on researching WHAT'S ON this summer. Our SEND Youth Engagement Poppy has found lots to share with you and we hope you'll find it helpful. Maybe try some new activities? Meet some new friends along the way? Other resources to support you are:



The Family Toolbox

The website which has loads of great information for family activities.

https://familytoolbox.co.uk/family-life/holidays/

Facebook: Family Toolbox



The Positivitree

website https://thepositivitree.com/events/

Facebook: The Positivitree (parent-carer members group)



Crea8ing Community

Website: https://www.crea8ingcommunity.com/whats-on.html

Facebook: Crea8ing Community



Zillo

A fantastic website made by young people for young people.

Website: https://www.zillowirral.co.uk/



Koala North West

Website: https://koalanw.co.uk/ Facebook: Koala North West



SEND Local Offer Wirral NEW & IMPROVED WEBSITE LAUNCHING 9/9/23.

Website: https://localofferwirral.org/ Local Offer Wirral Facebook: The Local Offer Wirral

Twitter: @lowirral



Real Parents

Website: https://realparents.org/

A website offering practical advice to Parent/Carers planning

for the school holidays.



Wirral's designated Parent Carer Forum (PCPW) Website: https://wirralparentcarergroup.co.uk/

Facebook:

https://business.facebook.com/ParentCarerParticipationWirral/

Who are PCPW?

PCPW are a group made up of parents and carers for children and young people aged 0-25 with Special Educational Needs and/or Disabilities who live on the Wirral. Their activities are funded by Department for Education and we are overseen by a National Charity-'Contact a Family'. They are the recognised "voice" by Contact A Family, and the Department for Education to participate with the Local Authority.

What do they do?

PCPW offer the Local Authority, commissioners and service providers the views and concerns of parent carers in order to influence service development, design and delivery on the Wirral. They aim to be the voice of parents and to contribute to the improvement of education, healthcare and social care services. PCPW hold events to gather your views and to provide you with information on SEND.

Are you a Parent or Carer?

- Are you a parent or Carer of Wirral children and young people with SEND aged 0-25?
- Do you have experience to share, need information and/ or want to be able to participate in project to provide feedback on services?

How to join PCPW?

To get a joining form or for more information please contact: Kate McCann (PCPW Administrator) by e mail at adminpcpw@wirralparentcarergroup.co.uk

Sally, Janine and Poppy

The SEND Participation and Engagement Team

Index

| Team/Service | Page |
|---|------|
| Adult Integrated Disability Service | 4 |
| CAMHS | 5 |
| Children with Disabilities Team | 5 |
| Children's Respiratory Service | 5 |
| Children's Speech and Language Therapy (SaLT) service | 5 |
| Children's Therapy services | 6 |
| Continence (Children's Service) | 6 |
| Cystic Fibrosis | 6 |

| Designated Clinical Officer SEND (Interim) | 6 |
|---|-------|
| Diabetes (Childrens) | 6 |
| Dietetics – Children (Community) | 6 |
| Dietetics - Children's (Hospital) | 7 |
| Epilepsy | 7 |
| Family Matters | 7 |
| Local Offer | 8 |
| 0-19 Children's Neurodevelopmental Team | 8 |
| Occupational Health & Physiotherapy service | 9 |
| Paediatric Dietitian Service | 10 |
| SEND Youth Matters | 10 |
| Wirral SEND Partnership | 11 |
| Summer Activities | 12-43 |

Adult Integrated Disability Service

The Adult Learning Disability Social Work Team in Cheshire and Wirral Partnership NHS Foundation Trust, has social workers supporting adults with learning disabilities, along with their families and carers.

We are also integrated with the Community LD Health Team, who we regularly work together with.

We are based at the Millennium Centre in Leasowe.

Contact: Jeremy Hunt Tel:0151 488 8091

CAMHS

0151 488 8156 or email cwpmhsconadvice@nhs.net

or for referral information go to Access Service – Cheshire & Wirral Partnership NHS Foundation Trust www.cwp.nhs.uk

24/7 Mental Health Crisis helpline- 08001456485 cwpmhsconadvice@nhs.net

CAMHS Contact: Debbie Harrop, Clinical Lead – CYP Learning Disability Services, LD CAMHS Wirral Team Email: cwp.telephonemessagesId@nhs.net



Contact: Peter Stanley, Advanced Social Work Practitioner

e-mail: peter.stanley4@nhs.net

Children's Respiratory Service



The Paediatric Respiratory Service at Arrowe Park Hospital looks after children with Allergies, Asthma, Cystic Fibrosis and Oxygen.

We're a team of 4 Nurse Specialist that work alongside the Paediatric Consultants mainly in Outpatients and the Community, however, may see them if they are known as inpatients. We have started this year to pilot a new way of providing core training to schools, where they are invited to attend sessions at the Hospital - mainly on Allergy and Asthma, as well as Epilepsy and Diabetes if needed.

Contact: Lauren Knight

Children's Respiratory Nurse Specialist, Arrowe Park - Women and Children's

Mobile: 07920783381

Children's Speech and Language Therapy (SaLT) service

The children's speech and language therapy team continue to offer a broad range of support for children with speech, language, and communication needs.

The team offer a blended approach to appointments. Virtual appointments via telephone or video are offered along with face-to-face appointments if we believe that face-to-face is more appropriate for clinical reasons. There continues to be many benefits to virtual consultations and teachers/teaching assistants/parents/carers can join the call which enables them to contribute and learn from the session.

Our trust website continues to be updated with helpful videos and links for supporting children and young people with speech, language, and communication difficulties. Please look at https://www.wchc.nhs.uk/services/childrens-speech-language-therapy/

Contact: Team Leader: Kate Gallagher Email: wchc.childrenssaltteam@nhs.net

Direct dial: 0151 514 2334

Children's Therapy services

Jane Fieldhouse, Team Lead Early Years Children's Physiotherapy, AHP.

Contact: E mail: janefieldhouse@nhs.net

Continence (Children's Service)

Contact: Janice Evans, Service Lead Integrated Childrens Division

Email: janice.evans2@nhs.net

Cystic Fibrosis

Contact: Janet Dods Email: jdods@nhs.net

Designated Clinical Officer SEND (Interim)

My Goals in Wirral:

• **Short term** – I will be building good foundations for the DCO role, ensuring that it performs its statutory functions. Providing information and celebrating good practice and supporting where there are concerns.

• Long Term – I wish to ensure that the DCO role is well established, and all partners are aware of the DCO role and the expectations from it. Being visible to all partners and playing a key role in implementing the Children and Families Act.

More information on the DCO Role -

<u>Designated Medical Officer / Designated Clinical Officer resources</u>

(councilfordisabledchildren.org.uk)

Contact: Victoria Isherwood

Email: victoria.isherwood@cheshireandmerseyside.nhs.uk

Mobile: 07553013456

Diabetes (Childrens)

Contact: Jane Edmunds Paediatric Diabetes Specialist Nurse

E mail: jane.edmunds2@nhs.net

Dietetics – Children (Community)

Contact: Denise King/Helen Stanton, Clinical Lead Children's Dietitian Tel: 0151-514

2827/extension 3126.

Email wchc.childrensdietetics@nhs.net

Dietetics - Children's (Hospital)

Team telephone: 0151 604 7491/0151 604 7790 Team email: wih-tr.PaediatricDietitians@nhs.net

Vicky James Professional Lead/Clinical Lead Allergy & Gastroenterology

Emma Quayle Clinical Lead Cystic Fibrosis & Neonatal

Rona Cookson Clinical Lead Diabetes

Contact: Vicky James, Paediatric Dietitian/Professional Lead

Epilepsy

Contact: Jayne Murphy and Jenny O'Brien, Children's Epilepsy Nurse Specialists

Email: <u>jayne.murphy7@nhs.net</u> and Jennifer O'Brien <u>jennifer.obrien1@nhs.net</u>

Direct line - 0151 604 7672 extension 2187

Family Matters

We are a service that support families with children aged 0-19 years.

Each individual families' identified needs are supported by a keyworker who will work alongside the families. We have 3 amazing teams in our service, and they are:

Adolescent Response Team – who provides support for families with children and young people aged 11 -18 years.

Targeted Family Support Team – who provide support for families with children and young people aged 0-19 years.

Family Group Conference Team – who provide support to children, young people and their families. A Family Group Conference consists, of Private Family Time and they encourage children and young people to take part in the decisions that directly affect them. We continue to deliver online bitesize sessions for Parents and Carers covering topics such as

choices and consequences, managing anger and keeping children safe in the digital age. We also deliver "Who's in charge?" which is an 8 week programme for parents/ carers who feel threatened, hurt or intimidated by their child. The programme aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that most parents feel
- •Offer help and guidance to develop individual strategies for managing your own child behaviour
- •Explore ways of increasing safety and well being Please contact David Tilling for any further information on the programme davidtilling@wirral.gov.uk

We are excited to be moving to a more integrated way of working with CSC and moving into 2 localities areas to enable a more effective multi-disciplinary way of working to improve outcomes for our families by linking in more closely with services within the local communities .

Contact: Emma Meaney, Service Lead Family Matters

E mail: emmameaney@wirral.gov.uk

Local Offer

The SEND Local Offer website (https://localofferwirral.org/) provides information on the services children, young people and their families can expect from a range of local agencies, including education, health and social care as well as information about other local support services. Knowing what is out there gives you more choice and therefore more control over what support is right for you and your child. The SEND Local Offer helps you find out what services are available in Wirral for children and young people aged 0-25 with special educational needs and disabilities.

A new and improved Local Offer will be launched at 9am on the 9th of the 9th 2023. To develop the website, a project team has had input from SEND children and young people, parents, carers, third sector organisations, professionals in Early Years, Commissioning, Health, Education and Care. You'll shortly be receiving some more information on this via your child/young person's setting. This new Local Offer will be in line with other Wirral websites e.g. Zillo (https://www.zillowirral.co.uk/)

and therefore familiar to our families, Children and Young People to use. The new web site will use enhanced accessibility tools including:

- Audio text reading
- •The use of Images i.e. Widget symbols, video.
- Background exchange (colour change)
- Translation availability

In the meantime, if you are having any difficulties locating something on the Local Offer, please get in touch via our inbox: localofferwirral@wirral.gov.uk

which is monitored daily by Poppy. We will respond to you as soon as we can.

Contact: Janine Barton, SEND Participation Manager

E mail: janinebarton@wirral.gov.uk

0-19 Children's Neurodevelopmental Team

We are a small branch of the 0-19 school nurse service. We provide the assessments for school age children for ADHD/ASD and DCD. Parents and SENCO's can contact us for advice and guidance around assessments or general behaviours. The team is available Monday to Friday 9am-5pm via the 0-19 duty line on 0151 514 0219.

also offer a drop in service at their hubs -The hubs are a safe and confidential environment to discuss health related topics, including:

- healthy eating
- weight management
- bedwetting
- behavioural concerns
- emotional wellbeing
- confidence/self-esteem
- sexual health and lifestyle advice
- sleep behaviour
- signposting and referrals to other services if needed.

Weekly Hub drop-in clinics (no appointment needed):

Every Monday, 3.30pm – 5.30pm

Eastham Clinic

Eastham Rake Eastham

Every Wednesday, 4.00pm – 5.30pm

Greasby Clinic

Greasby Road

Greasby

Every Thursday evening 5.00pm - 7.00pm

The HIVE

Wirral Youth Zone

Birkenhead

Contact: Beckie Banks

ADHD/ASD Nurse

07584856185

Please note my working hours are 9am - 5pm

Monday to Friday (Term Time)

Occupational Health & Physiotherapy service

Therapists are mainly based at Cherry Tree House, Clatterbridge 0151 514 2525 (Early Years Occupational Therapy (OT) and Physio, School age physio and Sensory-motor OT) and Millennium Centre (School age OT)

Contact: Tel: 0151 666 4790. Phone calls are welcomed for advice.

Every Tuesday, 4.00pm – 6.00pm

St. Catherine's Health Centre

Derby Rd Birkenhead

Every Thursday, 3.00pm – 5.00pm

Victoria Central Health Road

Clinic Room Mill Lane Wallasey

Paediatric Dietitian Service

Vicky James, Rona Cookson & Emma Quayle are the hospital Dietitians. We see children with Diabetes, Cystic Fibrosis, Allergy, Gastroenterology & faltering growth who are under a hospital consultant. Please contact us on if you have any queries.

Contact: Vicky James 0151 6047491

Paediatric Dietitian

Wirral University Teaching Hospital NHS Foundation Trust 0151 678 5111 extension 2914 or 0151 604 7491 Tues-Fri

SEND Youth Matters

The SEND Youth Voice Group are a group that run weekly at Pilgrim Street Arts Centre, Pilgrim Street, Birkenhead, CH41 5EH. It is aimed at SEND young people aged 13-25yrs. It is free, fun and friendly.

The group work together to raise issues about SEND for young people in Wirral, delivering and working on ideas and plans to help better the lives of young people in Wirral. They also support in working with professionals in all fields and

Organisations. They also have the opportunity to train as peer educators and gain skills in facilitation, workshop leader, speaking in public, and varying ways to express and understand others.

Please feel free to call us to discuss any concerns or issues, we are happy to support. We also offer GIRLS and LADS projects which need to be referred into for those young people struggling and needing more support.

Email: shiraleacoldicott@wirral.gov.uk for more information on these projects.



Creative Youth Development run a range of different weekly groups and sessions. There's something for everyone. Here's just some of the activities on offer: Dance, Drama, Photography, Art, Anime, Technical Theatre, Rap and SEND Youth Voice Group

Contact: Seline Wakerley for more information on selinewakerley@wirral.gov.uk

Wirral SEND Partnership



Who we are and what we do

Wirral SEND Partnership (SEND IASS) provides free and confidential impartial legally based information, advice and support to disabled children and young people, and those with SEN, and their parents. Wirral

SEND Partnership also covers other issues related to special educational needs/disability (SEND) such as health and social care issues.

Wirral SEND Partnership offers:

- Face-to-face meetings
- Contact by telephone, email or social media
- Support in meetings with other professionals
- Help with letter writing or form-filling
- Appointments at a place to suit you
- Information about other services

Who can use our services

Information is available in a range of languages and formats if needed and Information, advice and support can be about any issue related to special educational needs or disability. You can self-refer or can ask someone else to refer on your behalf. Young people (aged 16-25) can ask for support separately from their parents/carers if they wish. Click on the dedicated webpage for information about SEND for children aged 11-15 and young people aged 16-25.

The office is open Monday to Friday from 9.00 a.m. to 4.30 p.m. We recommend meetings are arranged by telephone appointment.

Wirral SEND Partnership also help parents to navigate Wirral's 'Local Offer' of services.

How to access our services

Parents or young people can contact our services directly using the telephone number or email address below. Professionals can also contact Wirral SEND Partnership in the same way.

Contact: 0151 522 7990 (staffed Monday to Friday 9am – 4.30pm)

or email ias@wired.me.uk

Wirral SEND Partnership Service Manager – Michelle Jones

What's on?



https://docs.google.com/forms/d/1ojinKLWsu8Fm-KzXJdulDdkogrLOAhpXibA_u4QGepl/viewform?pli=1&pli=1&edit_requested=true



With Soccer Schools, your child will learn how to develop skills in a fun, friendly environment, play and engage with other children and enjoy working as part of a team. Ages 4 to 12 years

WHEN-

Monday 31st July 2023 to Thursday 3rd August 2023 - 9am to 3pm

Monday 7th August 2023 to Thursday 10th August 2023 - 9am to 3pm

Monday 14th August 2023 to Thursday 17th August 2023 - 9am to 3pm

COST -

£20 per day

£80 full course

WHERE -

Co-Op Bebington High School, Higher Bebington Road, Bebington, Wirral CH63 2PS

Contact details

Phone: 0773 824 2659

BIRKENHEAD PARK: Saturday 15th July:



Liverpool pop band Stealing Sheep and the Glam-A-Ram-Bam Marching Band lead a weird and wonderful family-fun extravaganza celebrating North Birkenhead and you're all invited!

Cradle To Career, the North Birkenhead based community programme, have commissioned Stealing Sheep to celebrate its North Birkenhead residents and partners with a family-fun, festival extravaganza at Birkenhead Park on Saturday 15 July. Get ready to embark on an unforgettable journey of music, art, and community as Birkenhead Park comes alive like never before. We can't wait to see you there!

Event schedule:

11am: Folk dance workshops.

Midday: The Magic Sheep Procession with The Glam-A-Ram-Bam Marching_Band; a

procession of performances from local artists and residents.

1pm: DJs, party vibes & plenty of food on offer.

Central Park Fun Day - HYPE Merseyside

Get ready for an unforgettable day of fun and entertainment. We are thrilled to announce our partnership with Hype and their new youth centre in Central Park, Wallasey.

Join us on the 15th of July from 1pm to 4pm for an exciting afternoon filled with inflatables, face painting, circus and sports workshops, stalls, and much more.

This event is open to all

Where

Hype Central Park Hub, 109 Liscard Road, Liscard CH44 9AE

Cost

Free to attend

Contact details

Phone: 07824 462284

Email: enquiries@hype-merseyside.co.uk

Summer Holiday Clubs - HYPE Merseyside at HYPE Central Park and Courtney Park

HYPE stands for Helping Young People Everywhere. HYPE Merseyside aspires to give all young people the skills and guidance to reach their full potential.

Summer Holiday Clubs

A range of fun-packed activities. Arts & Crafts, Multi-Sports & Games, aimed at developing new skills, building confidence and providing a safe, supportive and healthy environment for children to enjoy during the summer holidays.

Who is this aimed at?

This is aimed at young people between 7 to 12 years of age.

This course is open for children in receipt of Free School Meals.

When

Tuesday 1st August to Friday 4th August 2023

Tuesday 8th August to Friday 11th August 2023

Monday 14th August to Friday 17th August 2023

Monday 21st August to Friday 24th August 2023

Time

10am to 2pm

Where

Hype Central Park Hub, 109 Liscard Road, Liscard CH44 9AE
Courtney Park Community Centre, 10 Courtney Road, Birkenhead CH42 1QS

How to get involved

Do I need to bring food?

Lunches are provided by HYPE for all participants, but of course you can bring your own packed lunch and healthy snacks.

Booking is essential. You will need to fill in the online registration form to book your place. This is free of charge.

Contact details

Phone: 07824 462284

Email: enquiries@hype-merseyside.co.uk



The Mulberry Tree Day Nursery LTD - HAF - Edsential

This Summer we have a variety of physical activities and healthy foods across the spring holidays at Mulberry Tree Day Nursery.

Edsential's Holiday Activities with Food programme provides enriching activities, delicious nutritious meals and a chance for young people to meet new friends in a safe and fun environment, during school holidays across Wirral.

Who is this aimed at?

5 to 7 years and 8 to 11 years

When

Please enquire with service for further details of when this activity will happen during the Summer holidays

Where

6-12 Bertram Drive, Hoylake, Wirral CH47 OLL

Cost

Free* Eligibility applies to all HAF activities

How to get involved

Booking is essential - For more information or to book a space, please email.

Contact details

Phone: **0151 632 0555**

Email: Claire.gormley@themulberrytree.info



Gardening and Animal Husbandry Club - Autism

Together

Autism Together is a multi-award-winning charity and service provider supporting over 400 people on the autism spectrum. Founded in Wirral in 1968 by a group of concerned parents, we now employ over a thousand staff and have operations in North Wales, Merseyside and Cheshire.

Gardening and Animal Husbandry Club

Come and join the Gardening and Animal Husbandry Club, get stuck in with gardening and animals like cattle, sheep, goats and pigs activities as part of Autism Together's Activity Club project.

Who is that aimed at?

Children and young people aged from 6 to 10 years, 11 to 14 years and 14 to 18 years.

When

June to August 2023 (11 weeks)

Time

Please enquire with service for details

Where

Raby Kitchen Gardens (please enquire with service for further details)

Cost

There is no charge. This is a **free** service.

How to get involved

For further information or support, please get in touch by phone.

Contact details

Phone: **0151 334 7510**

Email: enquiries@autismtogether.co.uk



Kidz to Adultz Exhibitions - Disabled Living UK

Disabled Living has an excellent reputation of organising the very prestigious Kidz to Adultz event since 2001 and now hold five of the largest FREE UK exhibitions totally dedicated to children and young adults up to 25 years with disabilities and additional needs, their parents, carers and all the professionals who support and work with them.

More about Kidz to Adultz Exhibitions:

100-180 exhibitors at each event

These FREE exhibitions are a one stop shop for the most up to date advice and information on mobility, funding, seating, beds, communication, sensory, transition, education, housing, employment, accessible vehicles, transport, style, sports, leisure and much, much more.

Kidz to Adultz Exhibitions - Disabled Living UK

Disabled Living has an excellent reputation of organising the very prestigious Kidz to Adultz event since 2001 and now hold five of the largest FREE UK exhibitions totally dedicated to children and young adults up to 25 years with disabilities and additional needs, their parents, carers and all the professionals who support and work with them.

More about Kidz to Adultz Exhibitions:

100-180 exhibitors at each event

These FREE exhibitions are a one stop shop for the most up to date advice and information on mobility, funding, seating, beds, communication,

sensory, transition, education, housing, employment, accessible vehicles, transport, style, sports, leisure and much, much more.

Attending a Kidz to Adultz event is FREE

Children are welcome to come along, try out the equipment and products, join in the fun and features and participate in the sporting activity sessions taking place throughout the day. Visit our upcoming Kidz to Adultz events page to find the nearest event location to you.

Who is this aimed at?

This is aimed at children and young adults up to 25 years with disabilities and additional needs, their parents, carers and all the professionals who support and work with them.

Cost

This is free to access.

Contact details

Email: info@disabledliving.co.uk

Phone: **0161 214 4590**



Kids Club - Neo

At Neo we hold a weekly kids club. It's fun with creative activities for boys and girls aged 8 to 11 years old. Dinner is included. Activities include arts and crafts, a gaming room, team games, cooking and various trips across the year.

Who is this aimed at?

Boys and girls aged 8 to 11 years

When

Tuesdays and Thursdays

Time

4:30 pm to **6:30 pm**

Where

Beaconsfield Community House, Rock Ferry, Wirral, United Kingdom, CH42 3YN

Cost

Admission 50p

How to get involved

Call or email to book a place.

Contact details

Phone: **0151 647 5981**

Email: info@neocommunity.org.uk



Eureka! Science + Discovery

Eureka! Science + Discovery is designed for children and young people up to 14 years to discover how Science, Technology, Engineering, Arts and Mathematics (STEAM) influence and shape their lives. By connecting every day with the extraordinary, we ignite curiosities and present possibilities.

Bodies - Ever walked through a pair of lungs, or seen a supersized brain? What would happen if you turned a body inside out? (spoiler: it's messy). Your body is unique, one of a kind – test it, embellish it, look after it.

Homes - Think differently about the everyday. What is it for, why is it made like that, how does it work, and would I do it differently? What makes a home, and what makes your home yours?

Nature - What does our environment teach us about ourselves, our purpose, and our connections to each other? Can nature inspire new ways of living and provide solutions to the big challenges we all face?

Make Create - A space dedicated to helping you get your MAKE on. Design, tinker, make and create: The clues are in the name.

The Burrow

- A playful and interactive space with objects, activities and play areas themed around local nature and our environment (there's even an adorable Wood Mouse nest with a slide). There are lots of surprises to discover and characters to make friends with.
- The Burrow is suitable for the under 7s. All children must be accompanied and supervised by a person aged 15 or over. Children over 7 with special educational needs are also welcome if accompanied by a carer.

Who is this aimed at?

Eureka! Science + Discovery is designed for children and young people up to 14 years but everyone is welcome

When

Fridays - 10am to 4pm

Saturdays - 10am to 5pm

Sundays - 10am to 5pm



Time

Our opening times change between term time and school holidays. All visits must be booked in advance, so if there are tickets showing as available, we're open, and you can book your tickets. Tickets are needed for each

individual member of your group (even the baby).

Where

Victoria Place, Seacombe, Wallasey, Wirral CH44 6QY

Cost

Adults - £15.95 Children aged 3+ years - £15.95 Children aged 1-2 years - £6.95 Children under 1 year old - Free

How to get involved

All visits must be booked in advance, so if there are tickets showing as available, we are open, and you can book your tickets. Tickets are needed for each individual member of your group - even the baby.

Future is Bright group - Shaftesbury Youth Club

Allow us to introduce our Future is Bright Group, a gathering filled with excitement and opportunities. Join us every Saturday from 4:00 to 6:30 pm for a range of engaging activities specially designed for young people with additional needs (SEND).

Discover the thrill of dodgeball, immerse yourself in Nintendo Switch games, engage in lively Nerf battles, and unleash your inner star with karaoke, singing, and dancing. Unleash your creativity with arts and crafts, challenge your friends in table tennis, pool, and air hockey, indulge in PlayStation and Xbox gaming

Vision

sessions, enjoy movie nights, and experience the excitement of rock climbing and bouncy castles.

Who is this aimed at?

This is aimed at young people with additional needs (SEND) who are seeking an inclusive and engaging community.

When

Saturdays

Time

4pm to **6:30pm**

Where

Shaftesbury Youth Club, 60 Mendip Road, Prenton, Wirral CH42 8NU

Cost

This group is **free**

How to get involved

For more information or support, please get in touch by phone **0151 608 7165**

Summer Holidays Camp at Prenton Lawn Tennis Club

Tennis Vision offers children's Holiday Camps throughout every strike and halfterm week as well as the summer holidays.

We will be running a Summer Holidays Camp. These camps are tennis based but with Multi-Sports added in to create an all-rounded and varied week.

Who is this aimed at?

Ages 4 to 13

When

Monday 24th July 2023 to Friday 1st September 2023

Time

9am to 3:30pm

Where

Prenton Lawn Tennis Club, Storeton Road, Birkenhead, CH42 8LY

Cost

£22 for the day £88 for the week

How to get involved

Book your place online

Contact details

Phone: **0151 608 1915**

Email: prentonlawntennisclub@gmail.com

The Hive Summer Holiday Club



The Hive holiday club is for our 8 to 12 year-old junior members – you can join The Hive for £5 annual membership.

All our provision is inclusive! If your child needs extra support, please let us know in advance by filling in an "all about me" form.

Holiday club spaces must be booked as sessions are limited and we don't have open spaces on the door

https://www.thehiveyouthzone.org/young-people/holiday-club/

Senior Sessions at the HIVE (from 13-25 years of age for young people with SEND) https://www.thehiveyouthzone.org/about-us/opening-times/

Free Football Sessions - LFC Foundation at The Hive, Wirral Youth Zone

If you think that The Hive might be the place for you, then becoming a member of our Youth Zone is incredibly good value. The Zone is for all backgrounds, for all abilities, for all of the





community... open 365 days a year. Wirral Youth Zone is a state of the art youth hub in the heart of the Wirral - a place where you can make new friends, take part in activities, chill out, play sports or try something new.

Free Football Sessions - SMF Kicks

Did you know the team from LFC Foundation deliver weekly sessions at The Hive every Monday? Please note all session attendees must book in advance.

Free weekly structured football coaching sessions and small-sided games.

Who is this aimed at?

For young people aged 7 to 12

When

Every Monday

Time

5pm to 6pm - 7-9 year olds

6pm to 7pm - 10-12 year olds

Where

The Hive, Wirral Youth Zone, Bright Street, Birkenhead, Wirral, CH41 4EA

Cost £5 annual membership, 50p per session

The New Brighton Summer Festival

The New Brighton Summer
Festival is taking place
from **Thursday 27th** to **Sunday**



30th July 2023 at The Dips, Coastal Drive in New Brighton.

In collaboration with @thissideofthewater and with the support of @wirralcouncil this 4 day Family event has a lineup like you will not believe.

There will be a big stage with live local performers, funfair and amusements. A dog show, circus performers and kite displays. Face painting and glitter tattoos as well as a food village and much more.

There is free entry and it is alcohol-free and neuro-diverse friendly.

Who is this aimed at?

All are welcome

When

Thursday 27th to Sunday 30th of July 2023

Time

Please check our Facebook page for details

Where

The Dips, Coastal Drive, New Brighton, Wirral CH45 3QW

Cost

Free entry - other costs for individual stalls

How to get involved

No need to book, come and along and enjoy the fun

Contact details

Email: yaywirral@gmail.com

Dance, Sing Rhyme and Storytime - Moreton Community



Centre

Moreton Community Centre has a number of facilities and aims to support the local community.

Come along on Wednesdays to dance along, wiggle and shake, developing our little ones' physical abilities through fun games, using props, learning with music and songs,

playing musical instruments to help develop audio senses, cognitive development, and learning words and movements with Stephanie. There will be interactive songs and story time to encourage social interaction and use imagination.

Who is this aimed at?

Parents and tots

When

Each Wednesday

Time

11:30am to 12:30pm

Where

Moreton Community Centre, Maryland Lane, Moreton, Wirral CH46 7TS

Cost

£3 per family

How to get involved

No need to book, please come along

Contact details

Please contact Stephanie on Facebook



Equilibrium North West CIC is a notfor-profit company researching & tackling inequalities, with projects to improve health and wellbeing.

What we do

Equilibrium North West CIC works to create better balance to reduce health and wellbeing related inequalities. We work to reduce disadvantages to groups and individuals most at risk; to find solutions to help them have the same chances and experiences as their peers. We also give people a voice through social research and finding out what people's experiences, wishes and needs are. We then design projects, workshops and interventions with those people in mind.

The Universe and Me

Join us for our explorative play group, each week we have a different theme with role play and costumes, your little one will love the dress up as we learn about the world around us. There will be explorative play activities and crafts, and we will end with lunch. All are welcome, please send a message or call ahead so we can prepare your lunch.

Who is this aimed at?

Children ages 2 to 5 years.

When

Tuesdays

Time

11:30am to 12:30pm

Where

Equilibrium North West, Livingstone Street Play and Community Centre, 130 St Anne Street, Birkenhead, CH41 3HX

Cost

£5 (includes lunch)

Contact details

Phone: **0151 647 6044** Mobile: **07731 478096**

Email: equilibriumnwteam@gmail.com



Free Junior Taster Lesson - Leasowe Golf Course

With another great summer of golf sweeping the UK, there's never been a better time to be involved with the game.

We're offering a free taster lesson for juniors at Leasowe, so if you're looking to get your young one into golf then look no further, get in touch with us.

Who is this aimed at?

Individuals under 18 years of age

Where

Leasowe Golf Club, Leasowe Road, Moreton, Wirral CH46 3RD

Cost

Free

How to get involved

Visit the Leasowe Golf Club website to become a member and to access the free taster sessions.

Visit the Leasowe Golf Club website

Contact details

Phone: **0151 677 5852**

Email: office@leasowegolfclub.co.uk

The Positivity Club



Mental wellbeing classes are available for children ages 4 to 11 years using fun and interactive ways to:

- · Improve children's mental wellbeing
- Build self-confidence
- Boost self esteem
- Express feelings and emotions
- Teach mindfulness techniques
- Learn about the brain and understand our thoughts, feelings and actions
- Encourage children to talk about their feelings and emotions!

Who is this aimed at?

We offer well-being classes for children (siblings discounts available) please see our 3 groups below:

- Youngest group: 4 to 6 years
- Middle group: 6 to 9 years
- Older group: 9 to 12 years
- Parents Positivity Club sessions
- Visit sessions in nurseries and preschools

When

To stay updated with upcoming events please <u>Visit the Positivity Club Facebook</u> page

Where

Cub and Calf Parent Hub, Grange Road, West Kirby, Wirral CH48 4HA

Cost

To stay updated with upcoming events and prices please <u>Visit the Positivity</u> <u>Club Facebook page</u>

How to get involved

If you have any queries or wish to book a space please call 07377 122156 or email positivityclubwithjess@gmail.com.

Contact details

Email: positivityclubwithjess@gmail.com or phone: 07377 122156.





GROW WELL-BEING













We're excited to offer 4 weeks of FREE Forest School Workshops through Edsential's Holiday Activity Fund @EdsentialUK @Educationgovuk @wirralcouncil



This is an incredible opportunity for your child to experience the wonders of forest school, learn new skills and make friends in a safe and welcoming environment.



These workshops are completely FREE of charge for children on benefits related free school meals.



We will provide food throughout the session, including fruit on arrival, a healthy campfire lunch and campfire snacks e.g. popcorn or toasted apple. Children will be encouraged to assist with preparing food for lunch to help them learn about nutrition and healthy eating.



Workshops begin 31st July and will run until 25th August 2023



To book your place click the link: https://linktr.ee/grow-wellbeing



Please find below the weblink detailing the Active All Sports Summer Programme for children and young people with disabilities and additional needs.



ACTIVE ALLSPORTS DISABILITY HOLIDAY PROGRAMME Summer 2023

This summer holiday activity programme is available to children and young people with a disability or additional needs.

We welcome parents, carers and siblings to all sessions.

This year's Summer programme runs from Tuesday 1st August – Friday 25th August

Activities require pre booking via the Central Leisure telephone team on 0151 606 2010.

Please refer to the information provided on this page before confirming a booking.

If you have any further questions please contact the programme co-ordinator by email staceyaddison@wirral.gov.uk or mobile **07825 402594**

We look forward to seeing you this Summer.

https://activewirral.com/active-allsports/

Charlotte's Brightside



Charlottes Brightside full summer timetable will be out this week.

Anyone wanting to book their children onto any sessions please email charlottesbrightside2011@gmail.com

and we will ask for relevant information for our consent forms or feel free to call in to see us. Activities will start Monday 7th August

until Friday 1st September

| Monday | 7 th August | Archery Mad scientist Litter pick | 10am – 2pm Baked potato |
|-----------|-------------------------|---|-----------------------------|
| Tuesday | 8th August | Archery Art/Fitness | 10am – 2pm Curry/stir fry |
| Wednesday | 9th August | Mini golf and picnic | 10am-2pmPackedlunch |
| Thursday | 10 th August | Cookery | 10am – 2pm Cookery |
| Monday | 14 th August | Magician Litter pick | 10am – 2pm Baked potato |
| Tuesday | 15 th August | Art/Fitness | $10am-2pm\ Curry/stir\ fry$ |
| Wednesday | 16 th August | Cinema and picnic | 10am-2pmPackedlunch |
| Thursday | 17 th August | Cookery | 10am – 2pm Cookery |
| Monday | 21st August | Cake decoration/dancercise | $10am-2pm\ Baked\ potato$ |
| Tuesday | 22 nd August | Art/Fitness | 10am - 2pm curry |
| Wednesday | 23 rd August | Sports day | 10am-2pmPackedlunch |
| Thursday | 24 th August | Cookery | 10am – 2pm Cookery |
| Monday | 28 th August | BANK HOLIDAY | Closed Closed |
| Tuesday | 29th August | Art/Fitness | $10am-2pm\ Curry/stir\ fry$ |
| Wednesday | 30 th August | Sports day | 10am-2pmPackedlunch |
| Thursday | 31st August | Cookery | 10am – 2pm Cookery |
| Friday | 1st September | Fun day Music | 10am – 2pm Packed lunch |

Kids Eat free here this summer



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm. kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal.
During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED ...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL





For more information look on Facebook:



@OurHappyHubCIC

@Crea8ing Community

AUTISM & DISABILITY FRIENDLY SESSIONS



The Annual Autism & Disability Friendly sessions will be going ahead on the following dates:

Wednesday 2nd August 4-6pm

Wednesday 16th August 4-6pm

Wednesday 30th August 4-6pm

Tickets can be bought via source.co.uk

For more information see FACEBOOK: https://www.facebook.com/flagupautism

Knowsley Safari Park



Visitors to Knowsley Safari will be able to create Jurassic memories this summer as they encounter huge life-like dinosaurs during an exciting six-week Dinosaur takeover, from Saturday 22 July until Sunday 3 September 2023 – and it's all included in the regular admission price.

The animated puppets roar, blink and move just like real dinosaurs, making face-to-face encounters a truly wild experience.

Guests will meet Bruce, a six-metre-long T-Rex and get up close to huge herbivore Betsy, a giant walking Triceratops – at nearly five meters long she'll be sure to make a huge impact on guests young and old.

Guests will also be able to experience the Safari's regular fun attractions, including the UK's longest Safari Drive, where White Rhino, African Lions and Bactrian Camels roam, plus baboons, Iberian Wolves and European Bison, as well as giraffes, meerkats, and the Tiger Trail on the Foot Safari.

To find out more & book: https://www.knowsleysafariexperience.co.uk/



The Light Cinema (New Brighton)

Marine Point New Brighton, Wallasey CH45 2HZ 0151 214 1370

We contacted The Light Cinema and spoke to their Manager Lesley.

Lesley will be showing an Autism Friendly Screening each week through the summer Holidays (two if she can).

The dates, time and films will be listed on Mondays for that week's viewing. So if you're planning a trip to the cinema have a look each Monday morning via their website:

https://newbrighton.thelight.co.uk/



Odeon Bromborough

AUTISM AND SENSORY DIFFICULTIES

Specially adapted screenings

We're delighted to host special autism friendly

screenings one Sunday morning each month at over 90 cinemas across the UK and ROI.

At our autism friendly screenings, we

- Keep the house lights on throughout the film
- Lower the audio volume
- Remove the advertisements and trailers before the film
- Open the cinema doors early so guests have time to get used to the surroundings

How to find autism friendly screenings

To find out about autism friendly screenings at your local cinema, simply select the 'Autism friendly' filter when looking for films and showtimes at your cinema.

If no performances are displayed, there may not be any autism-friendly screenings that week. If that's the case, please contact our Disability and Accessibility Helpline who will be able to help you further. Or speak to one of the team at the cinema.

You can also visit the <u>Accessible Screenings website</u> to find full listings of suitable performances at ODEON and other cinemas.

More inclusive cinema

We're proud to say that we were the first cinema chain to partner with Dimensions (a not-for-profit organisation providing support services for people with learning disabilities) to offer nationwide autism friendly screenings.

Our hope is that, as guests with sensory difficulties become more familiar with the cinema environment, at some point they'll feel comfortable with attending standard screenings.

Disability and Accessibility Helpline Please contact us: Mon-Sun 10am-5pm

Phone: 03330151208

Textphone: 18001 0808 1560 609