











WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie  Served with Vegetables and Gravy	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli   Served with Rice and Peas	Feta and Beetroot Burger  Served with Chipotle Wedges and Side Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada   Served with American Slaw
FRI	The Sausage Dog Served with Chips, Peas and Baked Beans	Mac & Cheese Pot  Served with Chips and Peas

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread Served with Salad	Vegetarian Mexican Tortilla Pie 🌱 🍷 Served with Wholegrain Rice and Vegetables
TUE	Southern Fried Chicken Katsu 🌱 Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry 🌱 🍷 🌱 Served with Wholegrain Rice and Vegetables
WED	Sloppy Joe Burger Served with Baked Garlic and Herb Wedges and Salad	Louisiana Soul Bowl 🌱 🍷 Served with Mexican Yellow Rice and American Slaw
THUR	Chicken and Vegetable Tikka Masala 🌱 🍷 Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma 🌱 🌱 🍷 Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog 🌱 Served with Chips, Peas and Baked Beans

WEEKLY SPECIAL

● Moroccan Chicken Salad 🍷 ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 🌱 🍷

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌱
Pepper and Houmous Wrap 🌱 🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🌿 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🌿 🍷 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🍷 🌿 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🍷 🌿 Served with Wholegrain Rice and Peas
WED	Roast Turkey Served with Roast Potatoes, Vegetables and Gravy	Blackeye Bean Burger 🌱 Served with Baked Garlic and Herb Wedges and American Slaw
THUR	Sticky Chicken and Vegetable Noodles 🍷 Served with Wholegrain Rice	Sweet and Sour Vegetables 🌱 🍷 🌿 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 🌿 🍷

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap 🌱 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito